

*Symposium on An Alterable Centric  
Relation in Dentistry*



PHILIP H. LEVY, *Editor*

## *Foreword*

The overriding and common objectives for dentistry's clinical subspecialties are threefold:

1. The promotion of oral health.
2. Preservation of teeth.
3. The development and maintenance of a satisfactory and masticatorally effective occlusion.

Progress toward these ends continues in the search to provide patients with the achievable optima. With the broadening of our perspectives and conceptual options, we are from time to time led to modify or abandon previously held views. As in any other field it is not uncommon for yesterday's truths to become tomorrow's growing pains. Conceptual changes of any magnitude are rarely achieved without accompanying emotional trauma and resistance.

Providing the dental patient with the ability to triturate his food efficiently and painlessly (whether with natural or prosthetic teeth) has historically constituted the direction of most dental effort. Much has been written concerning accurate jaw registration methods for both the centric and eccentric positions. A considerable number of laboratory studies as well as clinical evidence suggest that the traditional representation of the maxillomandibular relationship (centric relation) as static or unchanging is in error. This symposium with varying approaches (histologic, anatomic, physiologic, endocrinologic, and clinical) reexamines centric relation in terms of genetic predetermination as opposed to environmentally induced responsive adaptation to altered function. The evidence presented indicates that the interaction of form and function dictates the nature of the temporomandibular articulation.

The reader is invited to reassess the clinical significance of the

concept of a dynamic or alterable centric relation in diagnosis and treatment planning for prosthodontic reconstruction, orthodontics, surgical orthodontics, and the temporomandibular joint pain syndrome.

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## A Function

We previously have used the method to good effect in the study of cranial growth. One of the major advantages of this method is its operationalism, that is, the study of function. When we observe an activity or function is being carried out, we attempt to study the nature of the interaction of the anatomical tissues and organs involved in the process. In this effort we attempt to study the nature of the interaction of the anatomical elements of the operational system.

Since considerable study previous to this work had shown that a centric relation might be valuable.

A review of a variety of current techniques for the determination of this mandibular position, and the clinical workers regard centric relation as a habitual, fixed, and reproducible.

However desirable such a position may be, the evidence to any given technique of clinical workers will suggest, on the basis of the study of the mandibular joint, that centric relation is not habitual or common. Its clinical value is not proven. Further, current knowledge of the responsiveness of skeletal tissues to their environment suggests that the temporomandibular joint is not so readily adaptive to alterations in oral position. Accordingly, possible, and biomechanical positions are not immutably fixed.

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